

**The Learning Village Academy Trust**  
**Reception – Changing Me Content**



| Weekly Celebration   | Pieces                  | Learning Intentions   | Resources   |
|--|-------------------------|---|---|
| Understand that everyone is unique and special                   | 1. My Body              | I can name parts of the body  | Large paper big enough to fit the outline of a child on<br>Post-its or labels of body parts<br>Book: 'Look Inside Your Body' by Louie Stowell<br>Jigsaw Jenie<br>Jigsaw Jerrie Cat<br>Jigsaw Chime  |
| Can express how they feel when change happens                    | 2. Respecting My Body   | I can tell you some things I can do and foods I can eat to be healthy                       | Jigsaw Song sheet: 'Make a Good Decision'<br>Selection of pictures that show healthy/less healthy activities/food<br>2 containers/hoops for sorting<br>Magazines/food leaflets for child-initiated<br>Paper<br>Jigsaw Jenie<br>Jigsaw Jerrie Cat<br>Jigsaw Chime  |
| Understand and respect the changes that they see in themselves   | 3. Growing Up           | I understand that we all grow from babies to adults   | Jigsaw Song sheet: 'A New Day'<br>Book: 'Tell Me What It's Like To Be Big', by Joyce Dunbar<br>Book: 'I Wonder Why Kangaroos Have Pouches', by Jenny Wood<br>Picture cards showing different developmental stages of life ranging from baby to elderly (Teachers to find more)<br>Jigsaw Jenie<br>Jigsaw Jerrie Cat<br>Jigsaw Chime |
| Understand and respect the changes that they see in other people | 4. Fun and Fears Part 1 | I can express how I feel about moving to Year 1   | Jigsaw Song sheet: 'A New Day'<br>Book: 'The Huge Bag of Worries' by Virginia Ironside<br>Book: 'I Wonder Why Kangaroos Have Pouches', by Jenny Wood<br>Book: 'The Very Hungry Caterpillar', by Eric Carle<br>Box or bag for worries/looking forward to ideas<br>Jigsaw Jenie<br>Jigsaw Jerrie Cat<br>Jigsaw Chime                  |
| Know who to ask for help if they are worried about change        | 5. Fun and Fears Part 2 | I can talk about my worries and/or the things I am looking forward to about being in Year 1 | Jigsaw Jenie<br>Music<br>Jigsaw Jerrie Cat<br>Jigsaw Chime  |
| Are looking forward to change                                    | 6. Celebration          | I can share my memories of the best bits of this year in Reception                          | Paper<br>A special box<br>Jigsaw Jenie<br>Jigsaw Jerrie Cat<br>Jigsaw Chime   |